

THE FIRST GLANCE

PRP (Platelet Rich Plasma) FAQ

What is PRP?

PRP is unique among facial rejuvenation products. It is different from collagen injections such as Juvederm, Sculptra or Radiesse . Its unique effectiveness and safety is its best quality as it can treat some problems that are difficult to manage with other methods.

How PRP Works:

The patient's blood is drawn and placed into a centrifuge to separate the platelets and fibrin. This platelet rich fibrin matrix is then injected into the treatment areas. It is important to note that the injected material is not the cause of the volume enhancement, unlike traditional dermal fillers. Rather, these tissue building elements contain growth factors that stimulate your body's own collagen regeneration, which gradually adds fullness and creates the rejuvenated result. When injected into the scalp we can see an improvement in hair growth and thickness as well.

Why choose PRP?

The biggest benefit of PRP is that it is created from the patient's own body – specifically, the patient's own blood. The body readily accepts this self-derived product with allergic reaction being extremely rare. PRP can be used alone or in combination with other treatments like laser resurfacing.

How to prepare for a PRP treatment:

This is very important. A Blood Thinner Protocol sheet will be given to you at the consultation. Also avoid NSAIDS (advil/motrin/ibuprofen/aleve/naproxen) for two weeks prior to treatment to increase effectiveness of treatment Patients MUST BE WELL HYDRATED and NOT TAKING ANY BLOOD THINNING MEDICATION, ANTIHISTAMINES OR ANTI-INFLAMMATORIES, or the treatment may not be effective! Do NOT DRINK COFFEE the day of treatment.

What is the recovery and what are the side effects after PRP?

PRP is very well tolerated, and the recovery is relatively easy. It does not contain any animal or synthetic products. The side effects are generally mild and short lasting. It is an injection and some swelling and bruising for a few days is possible. Some patients can experience some redness or itchiness but that is usually mild and generally resolves itself in a few days.

What to expect after treatment?

PRP, being a collagen and cell growth stimulator and enhancer, takes time to work. Once the initial swelling diminishes, the production of new cells, collagen and support structures starts. In about 6 – 8 weeks, the effects of PRP treatment will gradually become evident with smoother lines and younger looking skin. Its effects are long lasting and satisfactory results can be achieved with one treatment, however, repeat treatments may be needed to maintain or enhance.